[](https://www.communitylivingyorksouth.ca/home)

**Marketplace**

**Recreation, Leisure & Learning**

**Program Guide**

**Spring 2019**





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|  | **MARKHAM MARKETPLACE SPRING 2019** | | | | | | | | | | |
|  | **Monday** | | **Tuesday** | | | **Wednesday** | | **Thursday** | | **Friday** | |
| **Program** | **Everyday Healthy Cooking** | **Fitness at YMCA** | **Literacy & Book Club** | **Knitting Group ( bi –weekly)** | **Computer Essentials( bi –weekly** | **Creative Problem Solving** | **Fitness and Swimming at YMCA** | **Dance** | **Chef’s Corner** | | **Social Club** |
| **Location** | Armadale CC | 101 YMCA Blvd., Unionville | Aaniin Community  Centre  ( bubble room) | CLYS Markham Office | Markham Village Library | Stiver Mills Hall | 101 YMCA Blvd.,  Unionville | Milliken Mills Community Centre | Ballantrae Community Centre | | CLYS Markham Office (1st program) |
| **Time** | 10:00-12:00 | 1:00-2:30 | 10:00-12:00 | 1:00-3:00 | 1:00-3:00 | 9:30-11:45 | 1:00-2:30 | 9:30-11:30 | 5:00-7:00 | | 6:00-8:00 |
| **Dates** | March 25 April 1, 8, 15, 22, 29 May 6, 13, 20, 27 | March 25 April 1, 8, 15, 22, 29 May 6, 13, 20, 27 | March 26 April 2, 9, 16, 23, 30  May 7, 14, 21, 28 | April 2 16, 30  May 14, 28 | April 9, 23 May 7, 21 | March 27 April 3, 10, 17, 24 May 1, 8, 15, 22, 29 June 5 | March 27 April 3, 10, 17, 24  May 1, 8, 15, 22, 29  June 5 | March 28 April 4, 11, 18, 25  May 2, 9, 16, 23, 30 | March 28 April 4, 11, 18, 25  May 2, 9, 16, 23, 30 | | March 29  April 12, 26  May 10, 24 |
| **Cost** | $ 122.56 | $30.00 | $ 75.00 | $25.00 | FREE | $ 97.41 | $30.00 | $112.96 | $ 125..00 | | Based upon activities |
| **Register** | Town of Markham  Code: 34182 | Marketplace  marketplace@communitylivingyorksouth.ca | Marketplace  marketplace@communitylivingyorksouth.ca | Marketplace  marketplace@communitylivingyorksouth.ca | Marketplace  marketplace@communitylivingyorksouth.ca | Town of Markham  Code:  335808 | Marketplace  marketplace@communitylivingyorksouth.ca | Town of Markham  Code:  335807 | Town of Whitchurch-Stouffville  Code:  7010 | | Marketplace  marketplace@communitylivingyorksouth.ca |

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|  | **RICHMONDHILL MARKETPLACE SPRING 2019** | | | | | | | | | | | |
|  | **Tuesday** | | **Wednesday** | | **Thursday** | **Friday** | | | **Saturday** | |
| **Program** | **Arm Chair Travel** | **Artistic drawing** | **Social Group** | **Cooking** | **Drama** | | **Cooking** | **Lunch and Learn** | | **G1 Preparation Course** | |
| **Location** | Richmond Hill Library  1 Atkinson St, Richmond Hill, ON L4C 0H5 | Richmond Hill Library  1 Atkinson St, Richmond Hill, ON L4C 0H5 | Richmond Hill Library  1 Atkinson St, Richmond Hill, ON L4C 0H5 | Longos  10860 Yonge St  Richmond Hill  L4C 3E4 | Welcome Centre South Hill Shopping Centre  9325 Yonge St  Richmond Hill  L4C 0A8 | | Longos  10860 Yonge St  Richmond Hill  L4C 3E4 | The Hub –Entrance facing Yonge Street  10415 Yonge St. Richmond Hill L4C 0Z3 | | The Hub –Entrance facing Yonge Street  10415 Yonge St. Richmond Hill L4C 0Z3 | |
| **Time** | 10:30 am – 12:00 pm | 10:30 am – 12:00 pm | 10:00 am -12:00 pm | 6:00 pm -8:00 pm | 6:00 pm -8:00 pm | | 6:00 pm -8:00 pm | 11:00 am -1:00 pm | | 10:00 am- 12:00 pm | |
| **Dates** | April 2, 9, 16, 23,  May 7, 14 | May 21, 28  June 4, 11, 18, 25 | April 3, 10, 17, 24  May 8, 15, 22, 29  June 5, 12, 19 | May 1, 8, 15, 22, 25  June 5, 12, 19, 26 | May 2, 9, 16, 23, 30  June 6, 13, 20, 27 | | April 19, 26  May 3, 10, 17, 24, 31  June 7, 14, 21 | April 19, 26  May 3, 10, 17, 24, 31  June 7, 14, 21 | | Mar 23, 30  April 6, 13, 20, 27  May 4, 11, 18, 25 | |
| **Cost** | Free | Free | Free | $10.00 per class | $90.00 | | $10.00 per class | Free | | $90.00 | |
| **Register** | Marketplace  marketplace@communitylivingyorksouth.ca | Marketplace  marketplace@communitylivingyorksouth.ca | Marketplace  marketplace@communitylivingyorksouth.ca | Marketplace  marketplace@communitylivingyorksouth.ca | Marketplace  marketplace@communitylivingyorksouth.ca | | Marketplace  marketplace@communitylivingyorksouth.ca | Marketplace  marketplace@communitylivingyorksouth.ca | | Marketplace  marketplace@communitylivingyorksouth.ca | |

**Markham**

**Monday**

**Everyday Healthy Cooking**

**Description:** In the everyday cooking classes, we open up to the world of cuisine and get in-depth about ingredients, nutrition, equipment selection, and culinary techniques.

**Location:** Armadale Community Centre (2401 Denison St.)

**Time:** 10:00 am-12:00 noon

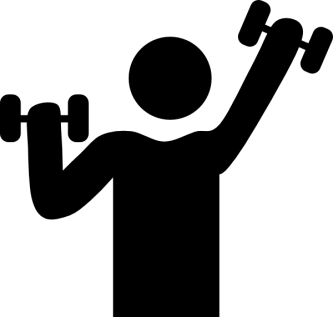
**Dates:** March 25 April 1, 8, 15, 22, 29 May 6, 13, 20, 27

**Cost:** $122.56

**Register with Town of Markham**

**Course Code:** 34182

**Fitness at YMCA**

**Description:** YMCA fitness provides swimming, group fitness classes, free weights, and recreational sports.   
**Location:** 101 YMCA Blvd, Unionville

**Time:** 1:00pm-2:30pm

**Dates:** March 25 April 1, 8, 15, 22, 29 May 6, 13, 20, 27

**Cost:** $30.00

**Register with Marketplace Program**[**marketplace@communitylivingyorksouth.ca**](mailto:marketplace@communitylivingyorksouth.ca) **or (905) 294-4971 ext. 450**

**Tuesday**



**Literacy/Book Club**

**Description:** Develop basic literacy skills that will enable you to function more effectively in your personal and community life.

**Location:** Aaniin Library (5665 14th Ave.)

**Time:** 10:00am-12:00 noon

**Dates:** March 26 April 2, 9, 16, 23, 30 May 7, 14, 21, 28

**Cost:** $75.00 (books and materials not included)

**Register with Marketplace Program**

[**marketplace@communitylivingyorksouth.ca**](mailto:marketplace@communitylivingyorksouth.ca) **or (905) 294-4971 ext. 450**

**Knitting Group (bi-weekly)**

**Description:** Learn the basic techniques of knitting stitches.

**Location:** CLYS Markham Office (5694 Hwy 7, Unit #13)

**Time:** 1:00pm-3:00pm

**Dates:** April 2, 16, 30 May 14, 28

**Cost:** $25.00

**Register with Marketplace Program**

[**marketplace@communitylivingyorksouth.ca**](mailto:marketplace@communitylivingyorksouth.ca) **or (905) 294-4971 ext. 450**

**Computer Essentials (bi-weekly)**

**Description:** Designed to teach various topics pertaining to computers, the Internet, and its impact on our health.

**Location:** Markham Village Library (6031 Hwy 7)

**Time:** 1:00pm-3:00pm

**Dates:** April 9, 23 May 7, 21

**Cost:** FREE

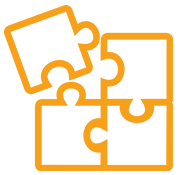
**Register with Marketplace Program**

[**marketplace@communitylivingyorksouth.ca**](mailto:marketplace@communitylivingyorksouth.ca) **or (905) 294-4971 ext. 450**

**Wednesday**

**Creative Problem Solving**

**Description:** This course will explore different methods of problem solving skills and how to apply the methods with friends, acquaintances or strangers in order promote healthy relationships.

**Location:** Stiver Mills Hall (Unionville) [](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwiMvMuasMjgAhWJ8oMKHRRvBQUQjRx6BAgBEAU&url=http://brescia.uwo.ca/academics/brescia-competencies/problem-solving/&psig=AOvVaw3199tDs0YntNad6_IlKjHh&ust=1550685589503219)

**Time:** 9:30 am-12:00 noon

**Dates:** March 27 April 3, 10, 17, 24 May 1, 8, 15, 22, 29 June 5

**Cost:** $ 127. 36

**Register with the Town of Markham**

**Course code:** 335808

**Fitness at YMCA**

**Description:** YMCA provides swimming, group fitness classes, free weights, and recreational sports.

**Location:** 101 YMCA Blvd, Unionville

**Time:** 1:00pm-3:00pm

**Dates:** March 27 April 3, 10, 17, 24 May 1, 8, 15, 22, 29 June 5

**Cost:** $30.00

**Register with Marketplace Program**[**marketplace@communitylivingyorksouth.ca**](mailto:marketplace@communitylivingyorksouth.ca) **or (905) 294-4971 ext. 450**

**Thursday**

**Dance**

**Description:** Learn the basic techniques to dance.

**Location:** Milliken Mills Community Centre

**Time:** 9:30am-11:30 am

**Dates:** March 28 April 4, 11, 18, 25 May 2, 9, 16, 23, 30

**Cost:** $112.96

**Register with the Town of Markham**

**Course code:** 335807

**Chef’s Corner Cooking**

**Description:** Skills taught include independent cooking, kitchen safety, proper use of equipment, food presentation, dinner etiquette and healthy lifestyles.

**Location:** Ballantrae Community Centre (5592 Aurora Rd.)

**Time:** 5:00pm-7:00pm

**Dates:** March 28 April 4, 11, 18, 25, May 2, 9, 16, 23, 30 **Cost:** $112.50 **Resister with Town of Whitchurch-Stouffville**

**Course Code:** 4960



**Friday**

**Friday Night Social Club**

**Description:** Building healthy relationships in group and community settings.

**Location:** CLYS Markham Office for first gathering (5694 Hwy 7, Unit #13)

**Time:** 6:00pm-8:00pm

**Dates:** March 29 April 12, 26 May 10, 24  
**Cost:** based upon activities  
**Register with Marketplace Program**[**marketplace@communitylivingyorksouth.ca**](mailto:marketplace@communitylivingyorksouth.ca) **or (905) 294-4971 ext. 450**

**Richmond Hill**

**Tuesday**

**Arm Chair Travel**

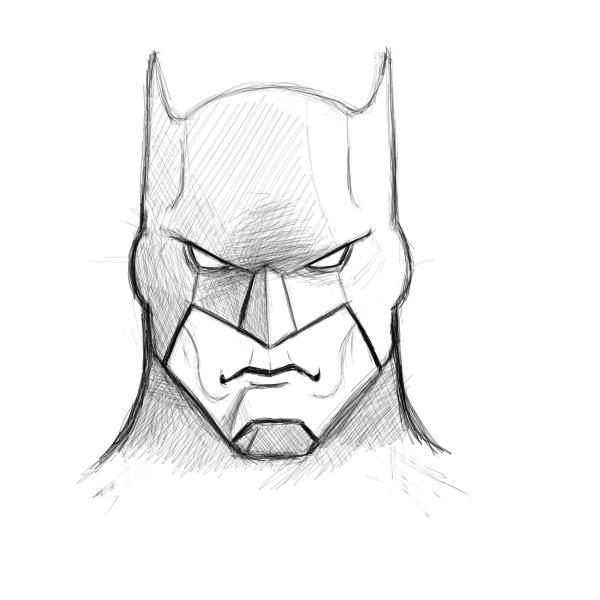
**Description:** Takes people to faraway places without leaving home.

It provides a sensory experience and the opportunity to learn about exotic lands.

**Location:** Richmond Hill Library (1 Atkinson st)

**Time:** 10:30 am – 12:00 pm

**Dates:** April 2, 9, 16, 23 May 7, 14  
**Cost:** Free  
**Register with Marketplace Program**[**marketplace@communitylivingyorksouth.ca**](mailto:marketplace@communitylivingyorksouth.ca) **or (905) 294-4971 ext. 450**

[](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwizxvHhitDgAhXs6oMKHX0yAo8QjRx6BAgBEAU&url=http://www.drawing-factory.com/how-to-draw-batman/&psig=AOvVaw0ozCV74ezQ5aAIvEMkLPNX&ust=1550950432880315)**Artistic Drawing**

**Description:** Learn drawing techniques such as shading, shapes, sketching and more!

**Location:** Richmond Hill Library (1 Atkinson st)

**Time:** 10:30 am – 12:00 pm

**Dates:** May 21, 28 June 4, 11, 18, 25  
**Cost:** Free  
**Register with Marketplace Program**[**marketplace@communitylivingyorksouth.ca**](mailto:marketplace@communitylivingyorksouth.ca) **or (905) 294-4971 ext. 450**

**Wednesday**

**Social Group**

[](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwiHyKm9uMjgAhWU3oMKHSNsD44QjRx6BAgBEAU&url=https://www.colourbox.com/vector/social-group-logo-vector-17024255&psig=AOvVaw0LmLFCE8Yi4CY34MgpQfq7&ust=1550687831490714)**Description:** The social group will provide you with the opportunity to gather weekly with old and new friends in a relaxed and comfortable setting.

**Location:** Richmond Hill Library (1 Atkinson st)

**Time:** 10:00 am-12:00 pm

**Dates:** April 3, 10, 17, 24 May 8, 15, 22, 29 June 5, 12, 19  
**Cost:** Free  
**Register with Marketplace Program**[**marketplace@communitylivingyorksouth.ca**](mailto:marketplace@communitylivingyorksouth.ca) **or (905) 294-4971 ext. 450**

**Cooking at Longos**

**Description:** Learn to prepare basic meals and take home recipes allowing the opportunity to continue making the dishes they learn to prepare.

**Location:** Longo’s (10860 Yonge St.)

**Time:** 6:00pm – 8:00pm

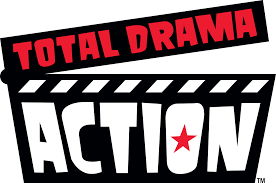
**Dates:** May 1, 8, 15, 22, 29 June 5, 12, 19, 26  
**Cost:** $10.00 Per Class  
**Register with Marketplace Program**[**marketplace@communitylivingyorksouth.ca**](mailto:marketplace@communitylivingyorksouth.ca) **or (905) 294-4971 ext. 450**

**Thursday**

**Drama**

**Description:** Let your voice be heard. Let your story be told

**Location:** Welcome Centre South Hill Shopping (9325 Yonge St)  
**Time:** 6:00 pm – 8:00 pm  
**Dates:** May 2, 9, 16, 23, 30 June 6, 13, 20, 27  
**Cost**: $90.00  
**Register with Marketplace Program**[**marketplace@communitylivingyorksouth.ca**](mailto:marketplace@communitylivingyorksouth.ca) **or (905) 294-4971 ext. 450**



**Friday****Cooking at Longos**

**Description:** Learn to prepare basic meals and take home recipes allowing the opportunity to continue making the dishes they learn to prepare.

**Location:** Longo’s (10860 Yonge St.)

**Time:** 6:00pm – 8:00pm

**Dates:** April 19, 26 May 3, 10, 17, 24, 31June 7, 14, 21  
**Cost:** $10.00 Per Class  
**Register with Marketplace Program**

[](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwi9tumBxMjgAhUG04MKHRIWACMQjRx6BAgBEAU&url=https://www.kenesethisrael.com/event/lunch-and-learn/&psig=AOvVaw16AdFnVL83ydvTBGxXMiLx&ust=1550690927617608)**Lunch And Learn  
Description:** Learn about different health related topics. This includes themes such as Canadas new Food Guide, proper hygiene, Diabetes, Heart Disease, how to deal with stress and much more. A complimentary snack will be provided and a fun physical activity will take place during the second half of the course.   
**Location:** The Richmond Hill Hub (10415 Yonge St.)  
**Time:** 11:00 am – 1:00 pm  
**Dates:** April 19, 26 May 3, 10, 17, 24, 31 June 7, 14, 21  
**Cost:** Free  
**Register with Marketplace Program**[**marketplace@communitylivingyorksouth.ca**](mailto:marketplace@communitylivingyorksouth.ca) **or (905) 294-4971 ext. 450**

**Saturday**

[](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwjo8YHKxMjgAhVn04MKHdVTBIgQjRx6BAgBEAU&url=http://hwylegal.com/g1g2-contraventions/&psig=AOvVaw3GtuCWdocCD4r_TBAqq_7V&ust=1550691072404948)**G1 Preperation  
Description:** Want to get your G1? Here’s your opportunities to learn to road rules.  
**Location:** The Richmond Hill Hub (10415 Yonge St.)  
**Time:** 10:00 am – 12:00 pm  
**Dates:** April 19, 26 May 3, 10, 17, 24, 31 June 7, 14, 21  
**Cost:** Free  
**Register with Marketplace Program**[**marketplace@communitylivingyorksouth.ca**](mailto:marketplace@communitylivingyorksouth.ca) **or (905) 294-4971 ext. 450**

Participant Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Male: \_\_\_\_ Female: \_\_\_\_

[](https://www.communitylivingyorksouth.ca/home)Birthday: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age: \_\_\_\_\_\_\_\_\_\_

Full Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Telephone #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Alternate #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Emergency Contact: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Emergency Contact #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Pertinent Medical/Health Info: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Allergies: Yes: \_\_\_ No: \_\_\_ Describe: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Assisted Devices: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mobility Aids: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Independence Level/Supports to Participate in Marketplace Programs**

I require staff support to participate (I will bring my support worker): \_\_\_\_\_\_\_\_\_\_\_\_\_\_

I am independent: \_\_\_\_\_\_\_\_ Partial Supports Required: \_\_\_\_\_\_\_\_ Describe: \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Read** Yes No **Write** Yes No **Large Print Required** Yes No **Visuals Required** Yes No

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| Program Name: | Dates: | Time: | Fee: |
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Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Register with (905) 294-4971 ext. 450 or marketplace@communitylivingyorksouth.ca**