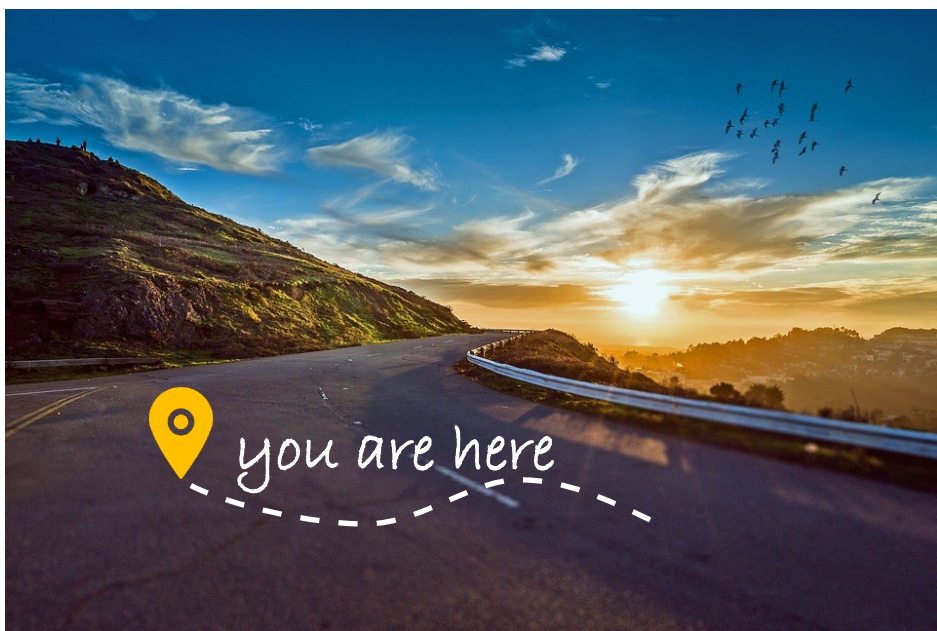


GET STARTED

Developmental Services and Community Resources in the Southern York Region



GET STARTED!

Developmental Services and Community Resources in the Southern York Region

Our Story

Community Living York South (CLYS) is a not-for-profit organization operating since 1954 that provides supports/services to children, youth, adults and seniors who have an intellectual disability and their families living in the Southern York Region (Richmond Hill, Markham, Vaughan, Thornhill, Whitchurch-Stouffville). The agency provides a comprehensive suite of services that support people in directing their own lives and promotes self-sufficiency, increased opportunities, community partnerships, well-being, and meaningful participation in one's community. **Our mission is to empower people with an intellectual disability to live, learn, work and participate in their community.** Throughout the years, CLYS has worked tirelessly to create and maintain innovative approaches to programming responding to the unique needs of the community.

In 2018, CLYS received a Multicultural Community Capacity Grant through Ministry of Citizenship and Immigration to provide support for newcomer Chinese families caring for individuals with intellectual disabilities. Through participating in this project, the newcomer families had increased knowledge of accessible supports and services for individuals with an intellectual disability, which in turn, had a positive impact in their overall caregiving experience and transition to a new country. In aspiration to share this wealth of available resources with other families, who are new to the developmental service sector, "**GET STARTED!**" was created. The purpose of this guide is to outline some of the resources available to individuals with an intellectual disability and their families within Southern York Region, thereby connecting them to vital resources from time of diagnosis to help them get started. Information in this guide includes: Community/Service Connections, Developmental Services Agencies, Government Funding, Tax Credits/Benefits, Immigrant services for Newcomers, Medical/Health, Mental Health/Counselling Services, Education (Elementary and Secondary), Education (Postsecondary), Training & Employment Programs, Public Libraries, Community Centres, Recreation Departments, and Public Transportation.

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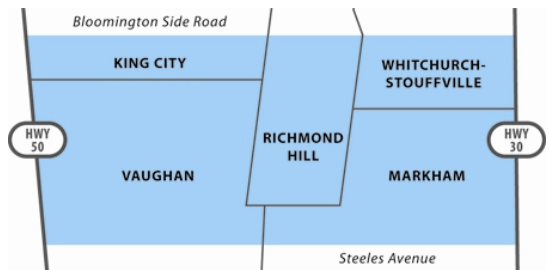
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This project is funded by:



**Multicultural Community
Capacity Grant, the Ministry of
Citizenship and Immigration**

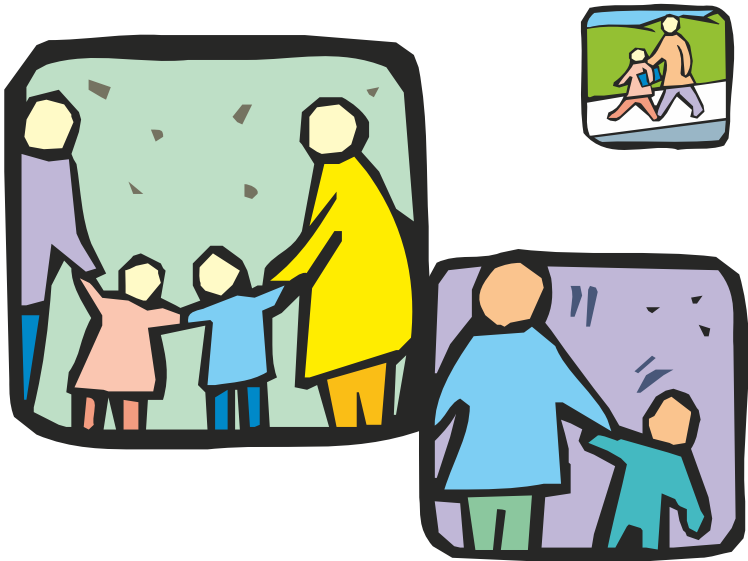
A map of southern York Region







Acronyms




Term	What Does it Mean?	Chinese (Simplified / Traditional)
ASD	Autism Spectrum Disorder	自闭症谱系障碍 / 自閉症譜系障礙
DD	Developmental Disability	智力发展障碍 / 智力發展障礙
PDD	Pervasive Development Disorders	广泛性发展障碍 / 廣泛性發展障礙
CDD	Childhood Disintegrative Disorder	儿童期崩解症 / 兒童期崩解症
IPRC	Identification, Placement and review Committee	认定·安排及审核委员会 / 認定、安排及審核委員會
IEP	Individual Education Plan	个人教育计划 / 個人教育計劃
SERT	Special Education Resource Teacher	特殊教育资源老师 / 特殊教育資源老師
EA	Educational Assistant	教育助理 / 教育助理
OSR	Ontario Student Record	安省学生档案 / 安省學生檔案
CYW	Child and Youth Worker	儿童及青少年工作者 / 兒童及青少年工作者
BT	Behaviour Therapist	行为治疗师 / 行為治療師
PT	Physiotherapy	物理治疗 / 物理治療
OT	Occupational Therapist	职业治疗师 / 職業治療師
SLP	Speech Language Pathologist	言语及语言病理学家 / 言語及語言病理學家
PECS	Picture Exchange Communication System	图像交换沟通系统 / 圖像交換溝通系統




IBI	Intensive Behaviour Intervention	密集行为介入 / 密集行為介入
ABA	Applied Behaviour Intervention	应用行为介入 / 應用行為介入
SSAH	Special Services at Home	在家特殊服务计划 / 在家特殊服務計劃
ACSD	Assistance for Children with Severe Disabilities	严重身心障碍儿童协助计划 / 嚴重身心障礙兒童協助計劃
ODSP	Ontario Disability Supports Program	安大略省身心障碍支援计划 / 安大略省身心障礙支援計劃
MCCSS	Ministry of Children, Community and Social Services	安省儿童、社区与社会服务厅 / 安省兒童、社區與社會服務廳
CER	Central East Region	中央东部地区 / 中央東部地區
MID	Mild Intellectual Disability	轻度智能障碍 / 輕度智能障礙
OCD	Obsessive Compulsive Disorder	强迫性障碍、强迫症 / 強迫性障礙、強迫症



Community / Service Connections

211		
24-hour confidential telephone helpline and website. Information is provided about: community services / social services / health services / government services		2-1-1 or 1-877-330-3213
 211ontario.ca/contact-211-ontario		211ontario.ca

310-COPE (Community Crisis Response Service)		
It offers the Community Crisis Response Service for persons living in York Region or South Simcoe who are having a mental health crisis, and their family or friends. Service includes: Telephone, Text, Live Chat Response / Mobile Response / Mental Health Support Team / Short-Term Crisis Beds / Crisis Peer Support		1-855-310-COPE (2673) (24-hours-a-day, 7 days-a-week)
 https://www.yssn.ca/310-COPE		

CIVIC York		
Comprehensive Information and Referral services for community information and volunteer opportunities in York Region		
 info@civicyork.ca		civicyork.ca

911 (York Regional Police Emergency)

Always dial 9-1-1 if:

- You or someone else is seriously injured or sick
- You smell smoke, see fire or a carbon monoxide or smoke alarm goes off
- You witness an emergency such as an assault, a motor vehicle collision where someone is injured or if someone may be in danger (i.e. you hear screaming or gunshots)
- You see a crime in progress
- You see or know of any serious crime that has just occurred



9-1-1
(Emergency)

1-866-876-5423
(Non- Emergency
Police)



Centralhealthline.ca

Centralhealthline.ca

Centralhealthline.ca, administered by the Central Local Health Integration Network (LHIN) is a community service tool that provides easy access to health and social services information.



416-222-2241 or
1-888-470-2222



healthline.info@lhins.on.ca



www.centralhealthline.ca/index.aspx?region=YorkRegion

York Info Community Information and Volunteer Database



Online community information and volunteer centre / directory of local non-profit organizations, social service agencies, government services and programs, sports and social clubs, as well as volunteer opportunities for all ages / online or by phone, email, or in person / assistance with volunteer recruitment for non-profit organization or event / community boards have information on local area events








www.yorkinfo.ca

Developmental Services Agencies



Children's Treatment Network (York Resources Centre)






Provide service supports to children and youth with special needs in their homes, communities and schools

	<i>Central Intake / Service Navigation and Coordinated Service Planning / Assessment and Diagnostic Services / Specialized Clinics and Rehabilitation Services (including Physiotherapy, Occupational Therapy and Speech Language therapy)</i>		
	13175 Yonge St, Richmond Hill		1-866-377-0286
	info@ctnsy.ca		www.ctnsy.ca

Community Living York South (CLYS)








Provides support and services to people who have an intellectual disability and their families across Southern York Region in various languages

	<i>Community Support Program / ACT 4 Youth / Respite / Family Initiative / netWORKS / Marketplace / Learning Academy / Residential / Day Supports /</i>		
	101 Edward Avenue, Richmond Hill		905-884-9110
	5694 Hwy #7, Unit #13, Markham		1-877-737-3475
	190 Marycroft Ave, Unit # 5, Vaughan		905-294-4971
			905-264-7262
	info@communitylivingyorksouth.ca		www.communitylivingyorksouth.ca

Developmental Services Ontario (DSO) - Central East Region




Provides access point for all ministry funded developmental services for adults in the Central East Region

	<i>Housing Services and Supports / Community Participation Supports / Specialized Support Caregiver Respite</i>		
	240 Edward St, Unit 3, Aurora		905-953-0796
			1-855-277-2121
	dsocentraleast@yssn.ca		www.yssn.ca/DSO-Ontario-Central-East -Region

Kerry's Place Autism Services



Provides residential supports through DSO and community outreach for individuals with Autism Spectrum Disorder (ASD), and provides community outreach program for children, adolescents and adults and their families

 *Community Services Access / Professional and educational workshops / Groups / Transitional Adult Services / Employment Works Canada / Community Consultation / Resource Centre / Foundation program / Central East Region Respite Flexible Funding For Children With ASD (ReFF) / Ontario Autism Program (OAP) / School Support Program*


 34 Berczy Street, **Aurora**  905-713-6808 Ext 350

 yorksimcoeaccess@kerrysplace.org  www.kerrysplace.org

Kinark Child and Family Services



Services as the single point of access for the Ontario Autism Program (OAP) in the Regions of York for children and youth

 *Ontario Autism Program (OAP)*


 500 Hood Road, Suite 200, **Markham**  1-888-454-6275



 info@kinark.on.ca  www.kinark.on.ca



Kinark – Autism Services



Supported children with ASD to achieve better outcomes






 *Clinical [Autism Services] / Applied Behaviour Analysis (ABA) Services: Individual, Groups & Coaching / Parent Education Workshops/Webinars / Psychological and Behavioural Assessments*

 600 Alden Road, Suite 200, **Markham**  1-800-283-3377

 autisminfo@kinark.on.ca  KinarkAutismServices.ca

Mackenzie Health Behavioral Management

Provide services to individuals living in York Region or Simcoe County who have a developmental disability, autism or an acquired brain injury.

	<i>Acquired Brain Injury (ABI) Adult Day Program / Behavioural Services / Program for Assessment and Treatment from Healthy Sexuality (P.A.T.H.S.) / York-Simcoe Brain Injury Services</i>			
	Pateras Plaza, 13311 Yonge Street, Richmond Hill		905-773-2362	
	www.mackenziehealth.ca/en/programs-services/children-and-families.aspx			

Mary Centre

Provides integrated support services for adults that have developmental disabilities and are living at home or in the community, serving the Greater Toronto Area and the Regions of Peel and York.








	<i>Supported Independent Living / Residential Living / Integrated Seniors / Respite / Community Support / Faith Outreach</i>		
	842 Wilson Ave 2nd Floor, North York West, Toronto		416-630-5533
	dtremblett@marycentre.com		www.marycentre.com

Meta Centre







Provides support services to adults and children with intellectual disabilities, dual diagnosis, multiple disabilities, and mental health challenges.

	<i>Day Services / Respite Services / Meta Knex / Residential Services / Supported Independent Living / Employment Program</i>		
	10 West Pearce Street, Unit 10, Richmond Hill		416-736-0199
	7465 Kipling Avenue, Vaughan		www.metacentre.ca
	info@metacentre.ca		

Participation House






Provide residential and service supports for adults with developmental or physical disabilities, respite services, day programs, recreation and adult education services available

	<i>Residential service / Day service / Respite service</i>		
	Head Office: 402 – 379 Church Street, Markham 4261 Hwy 7, Unit 204, Markham		905-294-0944 905-513-2756
	postmaster@participationhouse.net		www.participationhouse.net

Reena








Provides various services to people with developmental disabilities and their families

	<i>Day Programs / Outreach / Supported Employment / Respite Services / Aging With A Developmental Disability / Judaic Programs / Residential Programs</i>		
	Head Office: Toby & Henry Battle Developmental Centre, 927 Clark Ave West, Thornhill		905-889-6484 1-877-324-4114
	info@reena.org		www.reena.org

Vita Community Living Services (Vita CLS)




Provide services to adults with developmental disabilities and dual diagnosis



	<i>Residential Supports / Respite Programs / Community Participation Programs / Clinical and Educational Services</i>		
	4301 Weston Rd North York West, Toronto		416-749-6234
	asmith@vitacls.org		www.vitacls.org

York Region Children's Aid Society



Provides child welfare services, especially Child protection and Family Intervention and aims to stop or prevent child abuse


 *Investigate allegations or evidence that children under the age of 18 may be in need of protection / Protect children where necessary / Provide guidance, counselling, and other services to families for protecting children or preventing circumstances requiring the protection of children / Provide care for children assigned or committed to its care / Supervise children assigned to its supervision / Place children for adoption when necessary*

	<p>Main Office: 16915 Leslie Street (Kennedy Place) Newmarket</p>		<p>905-895-2318 1-800-718-3850</p>
	<p>Other Offices: 120 East Beaver Creek Road, Suite 301, Richmond Hill</p> <p>3901 Highway 7 West, Suite 202 Woodbridge</p>		

York Support Services Network (YSSN)




Provides case management services for children and youth who have significant delays due to developmental disability and/or a dual diagnosis, and their families

 *Case management (Children & Adults) / Children's Case Coordination / Crisis Response Network / Passport Program / Respite for families*

	<p>240 Edward St, Unit 3, Aurora</p>		<p>905-898-6455 1-866-257-9776 Crisis Line 1-855-310-2673 (1-855-310-COPE) Streamlined Access 1-844-660-6602</p>
	<p> contact@yssn.ca</p>		<p> www.yssn.ca</p>



Assistance for Children with Severe Disabilities (ACSD)

<p><i>Financial assistance for Children with Severe Disabilities Program helps parents with some of the extra costs of caring for a child who has a 'severe' disability</i></p>		<p>1-877-669-6658 Ext 1939 or Ext 1902</p>
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www.children.gov.on.ca/htdocs/English/specialneeds/disabilities.aspx


Ontario Autism Program (OAP)

<p><i>OAP is to give children and youth with ASD access to the timely and effective services they need to achieve their goals at home, at school, in the community, and as they transition into adulthood. The OAP provides all families of children and youth with ASD with flexible, family-centred services based on each child's unique needs</i></p>		<p>General Enquiry: 1-888-284-8340 Central Intake & Registration: 1-888-444-4530</p>
		<p>oap@ontario.ca</p>



www.children.gov.on.ca/htdocs/English/specialneeds/autism/ontario-autism-program.aspx#oap

Ontario Disability Support Program (ODSP)

<p><i>To help people with disabilities who are in financial need to pay for living expenses such as food and housing</i></p>		<p>905-868-8900 1-877-669-6658</p>
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www.mcass.gov.on.ca/en/mcass/programs/social/odsp/



Passport Funding

The Passport Program helps adults with a developmental disability be involved in their communities and live as independently as possible by providing funding for community participation services and supports, activities of daily living and person-directed planning. The program also provides funding for caregiver respite services and supports for primary caregivers of an adult with a developmental disability



905-898-6455
1-866-257-9776
Ext. 2725



www.yssn.ca/Passport-Funding-for-Community-Participation-Supports

Special Services at Home (SSAH)

Financial assistance for families who are caring for a child with a developmental and/or physical disability





1-877-669-6658
Ext 1939 or Ext 1902






www.children.gov.on.ca/htdocs/English/specialneeds/specialservices.aspx






Tax Credits / Benefits / Other Resources


Child Disability Benefit (CDB)		Government of Canada	Gouvernement du Canada
<p><i>The child disability benefit is a tax-free monthly payment made to families who care for a child under age 18 with a severe and prolonged impairment in physical or mental functions.</i></p>		<p>1-800-387-1193</p>	

 www.canada.ca/en/revenue-agency/services/child-family-benefits/child-disability-benefit.html

Disability Tax Credit (DTC)		Government of Canada	Gouvernement du Canada
<p><i>The disability amount is a non-refundable tax credit used to reduce income tax payable on your income tax and benefit return. This amount includes a supplement for person under 18 years of age at the end of the year (via the child Disability Benefit). All or part of this amount may be transferred to your spouse or common-law partner, or another supporting person.</i></p>		<p>1-800-959-8281</p>	

 www.canada.ca/en/revenue-agency/services/tax/individuals/segments/tax-credits-deductions-persons-disabilities/disability-tax-credit.html

Registered Disability Savings Plan (RDSP)		Government of Canada	Gouvernement du Canada
<p><i>A registered disability savings plan (RDSP) is a savings plan that is intended to help parents and others save for the long term financial security of a person who is eligible for the disability tax credit (DTC)</i></p>		<p>1-800-959-8281</p>	

 www.canada.ca/en/revenue-agency/services/tax/individuals/topics/registered-disability-savings-plan-rdsp.html

Access 2 Entertainment



The Access 2 card TM provides free admission for support persons accompanying a person with a disability at member movie theatres and selected attractions (e.g. Cineplex Theatres, Toronto Zoo...) across Canada.



1-877-376-6362
or
416-932-8382



access2card@easterseals.ca



access2card.ca

Canadian Tire Jumpstart (Jumpstart)



Provides assistance with the costs associated with registration, equipment and/or transportation for sports and physical activity programming for youth in Canada.



1-844-YES-PLAY (937-7529) or
1-844-289-5389



jumpstart@cantire.com



jumpstart.canadiantire.ca

Disability Travel Card



Disability Travel Card is for people of all types of permanent disabilities who require the assistance of a support person when travelling with VIA Rail Canada, Greyhound Canada, Coach Canada, and Ontario Northland.



1-877-376-6362
or
416-932-8382



info@easterseals.ca



easterseals.ca/english/about-us/programs-and-services/

GO Transit - Support Person Tickets



If you are bringing along a support person to assist you during your trip, a GO Transit Station Attendant can validate your single-ride, day pass or PRESTO card as a Support Person Ticket. A sticker will be affixed to the back of the PRESTO card, and single ride tickets and day passes will be stamped. This validates the ticket, indicating that two people can ride together using the one ticket or pass.



416-869-3200
1-888-GET-ON-GO (438-6646)



www.gotransit.com/en/travelling-with-us/accessibility

Incontinence Supplies Grant Program



The program is for children and youth between the ages of 3 to 18 years with chronic disabilities (physical or developmental) that result in irreversible incontinence or retention problems lasting longer than six months and requiring the use of incontinence supplies (such as diapers).



416-510-5074



igprogramcoordinator
@easterseals.org



www.easterseals.org/services/incontinence-supplies-grant/

Ontario Photo Card

ServiceOntario

An Ontario Photo Card is a wallet sized card that provides government-issued identification to those Ontarians who do not have a driver's licence, making it easier for them to do things such as open a bank account, and perform any other activities that require official identification



1-800-267-8097 or
416-326-1234



www.ontario.ca/feedback/contact-us?id=7476&nid=56934



www.ontario.ca/page/ontario-photo-card

TTC - Support Person Assistance Card



The Support Person Assistance Card is a photo card that identifies the cardholder as a person who, because of their disability, needs to be accompanied by a support person and is not required to pay a fare when travelling on the TTC.



416-393-3030



www.ttc.ca/Fares_and_passes/Support_Person_Card

Vulnerable Person Registry



In the event a vulnerable person requires police assistance, valuable caregiver contact and vulnerable person descriptive information can be accessed by police. Drop off application at your nearest York Regional Police Station Attention: Community Services or mail to York Regional Police Community Services Vulnerable Person Registry



Toll-Free: 1-866-876-5423
ext. 6877



vpr@yrp.ca



www.yrp.ca/en/community/Vulnerable-Person-Registry.asp

YRT - Support Person Assistance Card



The Support Person Assistance Card is a photo card that identifies the cardholder as a person who, because of their disability, needs to be accompanied by a support person and is not required to pay a fare when travelling on the YRT.



905-762-2100 or
Toll free: 1-866-668-3978



www.yrt.ca/en/our-services/support-person-assistance-card.aspx



Immigrant services for Newcomers



Catholic Community Services of York Region (CCSYR)

CCSYR offers services include individual, couple and family counselling, father's groups, parenting groups and support groups. As a family service agency, it also offers counselling and group services to help people cope with personal and relationship challenges. CCSYR has been providing counselling and immigrant settlement services in York Region since 1980.

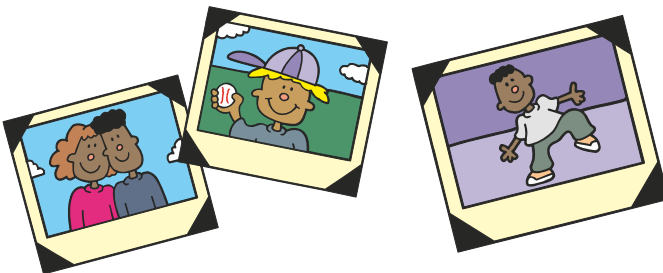
	<i>Services for Immigrants and Refugees / Counselling Services / Library Settlement Partnerships (LSP) / Community Connections / School Settlement</i>	
	21 Dunlop St, Unit # 101, Richmond Hill	905-770-7040 1-800-263-2075
	ccsyr@ccsyr.org	www.ccsyr.org

CICS Immigrant Youth Centre (IYC)



IYC provides a vast range of programs and services aimed at supporting newcomer youth (ages 13-24) of York Region in adjusting and settling into their new lives in Canada.






	<i>English Language & Educational Support / Leadership & Life Skills Training / Self-Expression and Creativity / Healthy Living and Physical Fitness / Pre-Employment and Education Help / Volunteering / March Break Programs and Summer Camps / One-on-One Supportive Counselling / Social Engagement / One-Time Workshops / School Fieldtrips / Partnerships</i>	
	5284 Highway 7 East, Unit 2, Markham	905-294-8868
	infoIYC@cicscanada.com	www.cicsiyc.org



COSTI








Services at this location are available to all residents of York Region looking for employment, family counselling, and settlement services.

	<i>Citizenship preparation / Settlement services / Youth settlement services</i>		
	Welcome Centre Immigrant Services, 8400 Woodbine Avenue, Suites 102-103, Markham		289-846-3645
	Welcome Centre Immigrant Services, 9325 Yonge Street , Unit 31A, Richmond Hill		289-842-3124
	3100 Rutherford Road, Suite 102, Vaughan		905-669-5627
	info@costi.org		www.costi.org

S.E.A.S. Centre (Support Enhance Access Service Centre) – Markham Centre



SEAS Centre focuses on family and immigrant services. Services are extended to all ethnic groups but with particular attention to the Chinese, Vietnamese and Filipino communities.

	<i>Family Service -- family life education and counselling / Older Adult Service -- life skills training, exercise groups, educational workshops, volunteering / Men's Program -- Peer support group and mental health program / Youth Programs -- weekly drop-in, life skills training, recreational activities / Community Development -- volunteer recruitment and training, outreach and networking, advocacy * cultural activities * interest groups</i>		
	4981 Highway 7 East, Unit 4, Markham		905-305-1808
	seas@seascentre.org		www.seascentre.org

Social Services Network (SSN)

It provides Information and Referral Services for individuals and families from the diverse South Asian community residing in Markham



	<i>Community programs and services for South Asian community / community kitchen / women only and general health and wellness programs and events / South Asian adult day program / Tai Chi / Zumba</i>		
	8 Shadlock St. Unit 5A, Markham		905-554-9033
	info@socialservicesnetwork.org		www.socialservicesnetwork.org

Welcome Centre Immigrant Services



They offer a wide range of services for newcomers and immigrants in addition to the core services of Settlement & Integration, Employment Supports, Language Assessment and Language Classes



1-877-761-1155






	www.welcomecentre.ca/contact/index.html		http://www.welcomecentre.ca
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	Markham North Welcome Centre 8400 Woodbine Ave, Suite 102-103, Markham (South of Highway 7)		289-846-3645
	Markham South Welcome Centre 7220 Kennedy Road (Hollywood Square), Markham (South of 14th Avenue)		905-479-7926
	Richmond Hill Welcome Centre South Hill Shopping Centre 9325 Yonge Street, Unit 31A Richmond Hill , (Northeast Corner of Yonge & 16th)		289-842-3124
	Vaughan Welcome Centre 9100 Jane Street, Building H, Units 56-67, Vaughan (South of Rutherford Road)		905-761-1155

York Outreach



It provides settlement services for youth.

	<i>Settlement Services - individual counselling, workshops, and referrals / English language (LINC and ELT) training programs / Career mentorship for Internationally Trained Individuals</i>		
	261 Highway 7 East Unit A14-114, Unionville		905-534-0637
	info@yorkoutreach.com		www.yorkoutreach.com



Medical / Health

Central Local Health Integration Network (LHIN) - Home and Community Care (formerly called CCAC)



Provide health care services at home, at school or in the community, support living programs, long-term care options, home and community care.

	<p>Central LHIN Head office: 11 Allstate Parkway, Suite 500, Markham</p>	<p>Central LHIN head office: 905-948-1872 or 1-866-392-LHIN (5446)</p>
	<p>Community Care Access Centre (CCAC): 9050 Yonge Street, Suite 400, Richmond Hill 60 Renfrew Drive, Suite 300, Markham</p>	<p>General inquiries and referrals: 905-895-1240 or 416-222-2241 or 1-888-470-2222</p>

	<p>central.lhin@lhin.on.ca</p>		<p>healthcareathome.ca/central</p>
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Find a Doctor – College of Physicians & Surgeons of Ontario (CPSO)



<p>Find a doctor by entering the doctor's Last Name or CPSO Number, or try the advanced search</p>		<p>General inquiries: 416-967-2603 or 1-800-268-7096 Ext. 603</p>
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	<p>General inquiries: feedback@cpso.on.ca</p>		<p>doctors.cpso.on.ca</p>
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Health Care Connection






MINISTRY OF HEALTH AND LONG-TERM CARE

<p>A program launched by the Ministry of Health and Long-Term Care to help Ontarians without a family health care provider find one.</p>		<p>1-800-445-1822</p>
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	<p>hcc3.hcc.moh.gov.on.ca</p>
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Markham Stouffville Hospital



	381 Church Street, Markham		905-472-7000
	myhospital@msh.on.ca		www.msh.on.ca

Mackenzie Health – Mackenzie Richmond Hill Hospital



	10 Trench Street, Richmond Hill		Local to Richmond Hill: 905-883-1212 Local to Vaughan: 905-832-4554
	patientrelations@mackenziehealth.ca		www.mackenziehealth.ca

Telehealth Ontario





Telehealth Ontario


Get fast, free, confidential medical advice through Telehealth Ontario		1-866-797-0000 (24-hours-a-day, 7 days-a-week)
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York Region Health Connection / Parenting









Health Connection provides up-to-date, accurate public health-related information to York Region residents, organizations and health care providers. Public health professionals offer confidential information and advice on public health-related topics, resources, services and other community programs, including: Sexual health / Family health / Infectious disease / Dental health / Sexually transmitted infection (STI). While Parenting offers parents with programs, services and information

	General: AccessYork@york.ca Parenting: childfamily@york.ca		1-800-361-5653
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	Health Information Line: www.york.ca -> Health -> Health Information Line Parenting: www.york.ca -> Health -> Parenting
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Mental Health / Counselling Services


360 Kids			
Provides a host of youth support services to help isolated and vulnerable youth who are at-risk or homeless from across York Region to overcome adversity and crisis and to move to a state of safety, stability and well-being			

	<i>Emergency and longer term housing / Employment programs / Counselling / Basic needs / Outreach and gang prevention and intervention / Education upgrading (iGrad)</i>		
	80F Centurian Drive, Suite #200, Markham		905-475-6694
	lesley.sims@360kids.ca		www.360kids.ca






Centre for Addiction and Mental Health (CAMH)			
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Provides a range of clinical programs, support and rehabilitation services for people with mental illness or addiction.

	<i>From assessment to brief interventions / inpatient programs / day hospital services / continuing care / outpatient services and family support / clinical care services.</i>		
	Queen Street Site: 1001 Queen Street West, Toronto College Street site: 250 College Street, Toronto Russell Street Site: 33 Russell Street, Toronto		
	416-535-8501 (24-hours-a-day, 7 days-a-week) 1-800-463-2338 (24-hours-a-day, 7 days-a-week)		
	info@camh.ca		www.camh.ca

Canadian Mental Health Association (CMHA) – York Region			
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Provides a wide range of services and programs for youth and adults living with mental health challenges

	<i>Bounce Back / Community Education / Case Management / Social Recreation / Rehabilitation / Mental Health Court Support / Support for Depression / Youth Wellness / Employment Program / Group Psychiatry / Psychotherapy, Emergency Room Diversion / Assertive Community Treatment / Early Psychosis Intervention</i>		
	3601 Hwy 7 Suite 710, Markham		905-841-3007 1-866-345-0183
	yorkregion@cmha-yr.on.ca		cmha-yr.on.ca

Chinese Family Services of Ontario

Provides professional counselling, settlement services, addictions program and a violence against women program, with a focus on helping Chinese Canadians








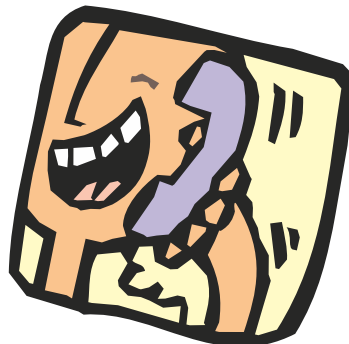
	<i>Counselling / Partner Assault Response (PAR) / Settlement Program / Transitional and Housing Support Program / Mental Health Counseling</i>		
	York Region Office: (By Appointment Only) Aaniin Community Centre, 5665 14th Avenue, Markham		416-979-8299 1-866-979-8298
	info@chinesefamilysocanada.com		www.chinesefamilysocanada.com

Counselling Services of York Region



It provides innovative, effective, and empirically supported counselling and educational services to individuals, couples, and families who experience mental/physical health issues and/or value personal growth and development





	<i>Counselling Services / Individual Counselling / Group Counselling / Couples/Marriage Counselling / Workshops and Certifications / Specialty Services - Tutoring</i>		
	7845 Kipling Ave, Vaughan		416-999-3437
	info@csyorkregion.com		www.csyorkregion.com



Family Services of York Region

It offers affordable professional counselling to help individuals, couples and families to cope with stress in their home and work lives, separation, loss or divorce, intimacy issues, family conflict, violence and abuse, depression








	<p><i>Individual Counselling / Family and Child Counselling / Couple Counselling / Counselling for Lesbian, Gay, Bisexual, Transgender, Two Spirit and Queer Individuals / Online Counselling / Group Programs for Parents / Group Programs for Children and Youth / Employee Assistance Plan (EAP) / Youth Justice Programs / Families and Schools Together (F&ST) / Group Programs for Adults / Direct Accountability Program (DAP) / School Based Services South Asian Outreach Program (SAOP)</i></p>		
	<p>10610 Bayview Ave, Unit 18 Richmond Hill</p> <p>4261 Highway 7 Hwy, Ste 203, Markham</p>		<p>Richmond Hill: 905-883-6572 1-888-820-9986</p> <p>Markham: 905-415-9719 1-866-415-9723</p>
	<p>groupservices@fsyr.ca</p>		 <p>www.fsyr.ca</p>

Hong Fook Mental Health - Youth and Family Hub (Dorcas Centre)

Provides a wide range of services and programs for youth and adults living with mental health challenges



	<p><i>Client services -- information and referral, short term supportive counseling and case management / advocacy / leadership and life skills training / psychosocial recreation and education activities / peer support and self-help groups for family members / volunteer development / General community education -- holistic health education / mental health promotion / consultation and educational services to agencies and professionals on ethno-racial mental health issues</i></p>		
	<p>Dorcas Centre: 2667 Bur Oak Ave, Markham</p>		<p>416-493-4242</p>
	<p>bcheng@hongfook.ca</p>		 <p>www.hongfook.ca</p>

Kids Help Phone

Confidential, anonymous phone and internet counselling and referral for children and youth. Website offers online counselling and information on youth-related topics like bullying, dating, family, friendship and health



1-800-668-6868 (24-hours-a-day, 7 days-a-week)



kidshelpphone.ca/get-involved/contact-us/



kidshelpphone.ca

York Hills Centre for Children, Youth and Families



Provides a range of mental health services for children, youth and families who live in the Region of York. Services are delivered by a multi-disciplinary team based upon a holistic approach to social, emotional, academic and familial needs.



*Day Treatment / Zero to 6 Services / Community Group Services
(Some services are offered in schools, the community, or the family home)*



11225 Leslie Street, **Richmond Hill**



905-737-8927



info@theyorkcentre.ca



www.theYorkcentre.ca

York Support Services Network (YSSN)



Provides case management services for children and youth who have significant delays due to developmental disability and/or a dual diagnosis, and their families



Case management (Children & Adults) / Children's Case Coordination / Crisis Response Network / Passport Program / Respite for families



240 Edward St, Unit 3, **Aurora**



905-898-6455 / 1-866-257-9776
Crisis Line: 1-855-310-2673(1-855-310-COPE)
Streamlined Access: 1-844-660-6602



contact@yssn.ca



www.yssn.ca

York Outreach



It provides settlement services for youth.



Settlement Services - individual counselling, workshops, and referrals / English language (LINC and ELT) training programs / Career mentorship for Internationally Trained Individuals



261 Highway 7 East Unit A14-114, **Unionville**



905-534-0637








info@yorkoutreach.com










www.yorkoutreach.com







Education (Elementary and Secondary)

York Region District School Board			
	The Education Centre - Aurora 60 Wellington Street West, Aurora		905-727-3141 / 416-969-8131
	communications@yrdsb.ca		www.yrdsb.ca

York Catholic District School Board			
	320 Bloomington Road West, Aurora		905-713-1211 / 416-221-5051
	communications@ycdsb.ca		www.ycdsb.ca

French Language Public School Board			
	116, Cornelius Parkway, Toronto		
	416-614-0844 / 1-888-583-5383		csviamonde.ca


French Language Catholic School Board			
	716, Gordon Baker Road, Suite 202, Toronto		
	416-397-6564 Ext. 73175 / 1-800-274-3764 Ext. 73175		www.cscmonavenir.ca/



Education (Postsecondary)


Durham Community Integration through Cooperative Education (CICE)



A two-year, post-secondary program designed for individuals with intellectual disabilities or other significant learning challenges

 Oshawa Campus, 2000 Simcoe St. N., **Oshawa**


 dccares@durhamcollege.ca  905-721-2000 Ext. 2472



 durhamcollege.ca/programs/community-integration-through-cooperative-education


George Brown College Vocational Programs (CVP)



A job-readiness program designed to meet the unique educational and vocational needs of people who would not normally consider or qualify for entry into a traditional post-secondary program.

 St. James Campus, 200 King St. E., **Toronto**


 college.vocational@georgebrown.ca  416-415-5000 Ext. 2503
1-800-265-2002


 www.georgebrown.ca/programs/college-vocational-program-a101/


Georgian College Community Integration through Cooperative Education (CICE)




This program is designed for students with diverse learning challenges who require academic accommodations and modifications.

 **Barrie Campus:** One Georgian Dr., **Barrie**
Orillia Campus: 825 Memorial Ave., **Orillia**
Owen Sound Campus: 1450 8th St. E., **Owen Sound**

 705-728-1968
Ext. 6047
705-728-1968
Ext. 2374

 CICE@georgiancollege.ca

 www.georgiancollege.ca/academics/full-time-programs/community-integration-through-co-operative-education-cice/

**Humber Community Integration through
Cooperative Education (CICE)**



Designed to provide students with developmental disabilities the opportunity to participate in college-adapted programs and activities



North Campus, 205 Humber College Blvd., **Toronto**



enquiry@humber.ca



416) 675-6622 Ext. 4288



healthsciences.humber.ca/index.php?q=programs/cice-ontario-college-certificate.html







Training & Employment Programs

360 Kids



Offers young people a range of employment supports to help them acquire the training and skills needed to enter and stay in the labour market

	<i>Youth Job Connection / Base 4 Success / Every Bite Matters / Specialized Training Employment Program / Youth Job Connection Summer / Youth Success Strategy / Youth Employment Resources</i>		
	80F Centurian Drive, Suite #200, Markham		905-475-6694
	employment.programs@360kids.ca		www.360kids.ca/programs-services/employment/

Community Living York South (CLYS)








Provides educational training opportunities, activities, and events that allow you to put networking related skills in actions, and assists youth with intellectual disabilities to achieve their independence and employment goals.

	<i>netWORKS / A.C.T. 4 Youth</i>		
	101 Edward Avenue, Richmond Hill 5694 Hwy #7, Unit #13, Markham 190 Marycroft Ave, Unit # 5, Vaughan		905-884-9110 1-877-737-3475 905-294-4971 905-264-7262
	info@communitylivingyorksouth.ca		
	www.communitylivingyorksouth.ca		

COSTI








Services at this location are available to all residents of York Region looking for employment, family counselling, and settlement services.

	<i>Access to employment planning, preparation and placement services / Employment Resource and Information Centre / Information on Second Career / Youth at-risk program Accelerate / Summer Jobs Service / Family counselling and settlement services.</i>		
	Welcome Centre Immigrant Services, 8400 Woodbine Avenue, Suites 102-103, Markham		289-846-3645
	Welcome Centre Immigrant Services, 9325 Yonge Street , Unit 31A, Richmond Hill		289-842-3124
	3100 Rutherford Road, Suite 102, Vaughan		905-669-5627
	info@costi.org		www.costi.org

Job Skills - Employment Services



It offers free job search supports including workshops, one-on-one consulting and resources, funded by Employment Ontario

	<i>Markham Employment Services (MES) / Job Find Club - Enhanced (JFC-E)</i>		
	4961 Highway 7, Units 100-101, Markham		
	MES: 905-948-9996 JFC: 905-946-0847 / 1-866-220-7255		
	markhames@jobskills.org		jobskills.org

JVS Toronto - Employment Source Markham



Provides career and job search support, employment and recruitment for youth and adults



Comprehensive employment and job search services / assessment of skills, interests and experience / job search strategies, including resume preparation / information about careers and occupations, local labour market, employment and training opportunities / on-the-job training, work experience / help in maintaining employment / information and referral to other employment and community services.



30 Karachi Drive, Unit 66, **Markham**



905-470-9675 Ext 3407



MarkhamOnline@JVSToronto.org



www.jvstoronto.org

Ontario Disability Support Program (ODSP) : Employment Supports



Ministry of Children, Community and Social Services

A provincial program that provides work-related support to eligible students (16 years and older) and adults (18 years and older) with a disability who can and want to work, prepare for and find a job.

Here's a list of all of the ODSP employment supports service providers across Southern York Region that can help you:

	Ability Management Services		905-508-6764		abilityservices@sympatico.ca
	Community Employment Connections		905-705-9199		cec@rogers.com
	Corbrook		416-245-5565		info@corbrook.com
	March of Dimes Canada		905-895-7529		info@marchofdimes.ca



www.mcss.gov.on.ca/en/mcss/programs/social/odsp/employment_support/

Ready, Willing and Able (RWA)



RWA increases the employment rate of people with intellectual disabilities and Autism Spectrum Disorder (ASD) by engaging employers and raising awareness about the value of hiring people with disabilities. It provides support to employers and their employees. If needed, necessary supports (i.e. job coaches, on-the-job accommodations or workplace modifications) can be made available; either initially or on an on-going basis



RWA Works (free resource hub, available on demand, providing the know-how and resources to support businesses in hiring employees)



Find one of the partner employment agencies in your area:
www.readywillingable.ca/about/employment-agency-partners/



Ontario contact: 416-447-4348 Ext. 248



General Enquiry: info@readywillingable.ca

Ontario contact (Jackie Moore): jmoore@communitylivingontario.ca



www.readywillingable.ca/job-seekers/

Reena



Through Channels, Pathways and Summer Employment Transitions (SET) Programs, as well as the new Reena Supported Employment Services (RSES), Reena offers supported employment and vocational programs that assist youth and adults with developmental disabilities who are looking to transition from school and unemployment and join the workforce.



*Supported Employment Programs / Employer Services /
Employment Advice For Persons With Developmental Disabilities*



Head Office:
Toby & Henry Battle Developmental Centre, 927 Clark Ave West,
Thornhill



905-889-6484 / 1-877-324-4114



info@reena.org



www.reena.org

YMCA Employment Programs



Provide resources, employment services and personalized advice to help people assess their skills and experience



Employment services (Job Search Resources & Job Boards Resources) / Career planning & Development services



10610 Bayview Avenue, Unit 12,
Richmond Hill



905-780-9622

4855 14th Avenue, Unit 3, **Markham**

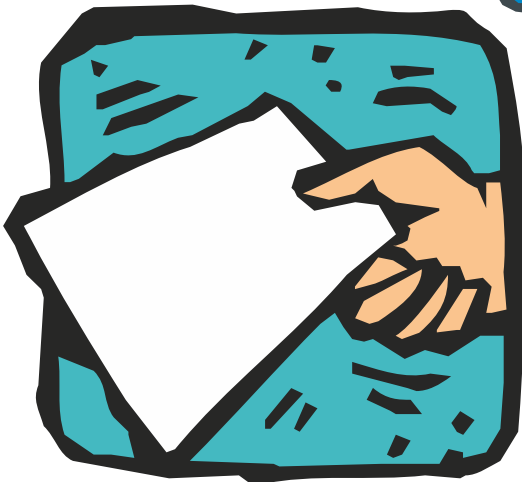
905-948-9622





memberservices@ymcagta.org



ymcagta.org/employment-and-immigrant-services/employment-services





Public Libraries

Markham Public Library		
	Aaniin Branch: 5665 14th Avenue	
	Angus Glen Branch: 3990 Major Mackenzie Dr. E	
	Cornell Branch: 3201 Bur Oak Ave	
	Markham Village Branch: 6031 Highway 7	
	Milliken Mills Branch: 7600 Kennedy Road, Unit 1	
	Thornhill Community Centre Branch: 7755 Bayview Ave.	
Thornhill Village Branch: 10 Colborne Street		
Unionville Branch: 15 Library Lane		

	905-513-7977
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	comments@markham.library.on.ca		www.markham.ca
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Richmond Hill Public Library		
	Central Library 1 Atkinson Street	905-884-9288
	Oak Ridges Moraine Library 13085 Yonge St, Suite 12	905-773-5533
	Richmond Green Library 1 William F. Bell Parkway	905-780-0711
	Richvale Branch 40 Pearson Ave.	905-889-2847

	uasked@rhpl.ca		www.rhpl.richmondhill.on.ca
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Vaughan Public Library



Ansley Grove Library: 350 Ansley Grove Road, Woodbridge

Bathurst Clark Resource Library: 900 Clark Ave. W., Thornhill

Civic Centre Resource Library: 2191 Major Mackenzie Dr., Vaughan

Dufferin Clark Library: 1441 Clark Ave. W., Thornhill

Kleinburg Library: 10341 Islington Avenue North, Kleinburg



Maple Library: 10190 Keele Street, Maple

Pierre Berton Resource Library: 4921 Rutherford Road, Woodbridge

Pleasant Ridge Library: 300 Pleasant Ridge Ave., Thornhill

Vellore Village Library: 1 Villa Royale Ave, Vaughan

Woodbridge Library: 150 Woodbridge Avenue, Woodbridge



905-653-7323



www.vaughanpl.info/email_librarian



www.vaughanpl.com

Whitchurch-Stouffville Public Library



Whitchurch-Stouffville Public Library
2 Park Dr., Stouffville



905-642-7323



wsplinfo@wsplibrary.ca



www.wsplibrary.ca

Community Centres



Markham Community Centres		
	Aaniin Community Centre 5665 14th Avenue	905-475-4851
	Angus Glen Community Centre 3990 Major Mackenzie Dr. E	905-944-3777
	Armadale Community Centre 2401 Denison Street	905-474-1007
	Centennial Community Centre 8600 McCowan Road	905-470-3590
	Cornell Community Centre 3201 Bur Oak Ave	905-479-7753
	Crosby Community Centre 210 Main Street, Unionville	905-944-3777
	Markham Pan Am Centre 16 Main Street, Unionville	 905- 475-4730
	Markham Village Community Centre 6041 Highway 7	905-470-3590
	Milliken Mills Community Centre 7600 Kennedy Road	905-477-6410
	Mount Joy Community Centre 6140 16th Ave	905-470-3590
	Rough River Community Centre 120 Rouge Bank Drive, Unit #2	905-474-1007
	Thornhill Community Centre 7755 Bayview Avenue, Thornhill	905-944-3800



www.markham.ca/wps/portal/home/recreation/community-fitness-centres

Richmond Hill Community Centres



	Bayview Hill Community Centre & Pool 114 Spadina Road	905-508-5995 (main centre) 905-508-9394 (pool)
	Elgin West Community Centre & Pool 11099 Bathurst Street	905-508-7012 (centre) 905-508-3036 (pool)
	Langstaff Community Centre 155 Red Maple Road	 905-882-4295
	Oak Ridges Community Centre 12895 Bayview Avenue	905-773-4630
	Richvale Community Centre & Pool 160 Avenue Road	905-884-0855 (centre) 905-737-2956 (pool)
	Rouge Woods Community Centre 110 Shirley Drive	905-787-1441




www.richmondhill.ca/en/things-to-do/Community-Centres.aspx



Vaughan Community Centres




	Al Palladini Community Centre 9201 Islington Avenue, Woodbridge		905-832-2281
	Chancellor Community Centre 350 Ansley Grove Road, Woodbridge		905-832-8620
	Dufferin Clark Community Centre 1441 Clark Ave. W, Thornhill		905-832-8554
	Father E. Bulfon Community Centre 8141 Martin Grove Road, Woodbridge		905-879-8732
	Garnet A. Williams Community Centre 501 Clark Avenue West, Thornhill		905-879-8732
	Maple Community Centre 10190 Keele Street, Maple		905-832-2377
	North Thornhill Community Centre 300 Pleasant Ridge Avenue, Thornhill		905-832-8540
	Rosemount Community Centre 1000 New Westminster Drive, Thornhill		905-832-8552
	Vellore Village Community Centre 1 Villa Royale Avenue, Woodbridge		905-832-8544

 www.vaughan.ca/services/recreation/community_centres/Pages/default.aspx






Whitchurch-Stouffville Community Centres













	WS Leisure Centre 2 Park Drive, Stouffville		905-642-7529
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 www.townofws.ca/en/recreation/community-centres.aspx

Recreational Departments

Markham Parks and Recreation Department			
	101 Town Centre Blvd., Markham		905-477-5530
	customerservice@markham.ca		www.markham.ca

Richmond Hill Parks and Recreation Department			
	225 East Beaver Creek Road, Richmond Hill		905-771-8870
	access@richmondhill.ca		www.richmondhill.ca

Vaughan Parks and Recreation Department			
	City Hall, Level 300, 2141 Major Mackenzie Drive, Vaughan		905-832-2281
	RecCSD@vaughan.ca		www.vaughan.ca

Whitchurch-Stouffville Parks and Recreation Department			
	111 Sandiford Dr., Stouffville		905-640-1900 or 1-866-642-8696
			www.townofws.ca




Public Transportation



Go Transit

GO Transit is a network of train and bus lines that keep people moving around the Greater Toronto and Hamilton Area

 416-869-3200 / 1-888-GET-ON-GO (438-6646)

 www.gotransit.com

Toronto Transit Commission (TTC)



TTC operates bus, subway, streetcar, and paratransit services in Toronto.

 416-393-4636 (INFO) / 1-866-642-9882


 www.ttc.ca

TTC Wheel-Trans

TTC's specialized transit service

 416-393-4111

 traveltraining@ttc.ca

 <http://www.ttc.ca/WheelTrans>

York Region Transit (YRT) / VIVA



YRT offers local and rapid transit services in all nine York Region municipalities. Includes VIVA, GO Shuttles, Express services, community buses and high school, college and university services.

 905-762-2100 / 1-866-MOVE-YRT (668-3978)


 transitinfo@york.ca

 www.yrt.ca

YRT Mobility Plus

Mobility Plus is York Region's door-to-door, shared ride, accessible public transit service for people with disabilities.

 transitinfo@york.ca  905-762-2112 / 1-866-744-1119

 www.yrt.ca/en/mobility-plus/mobility-plus-service.aspx